

Please see below for current coaching Pathways and requirements for coaching a provincial team:

Please note for the U7 and U9 divisions Respect in Sport- Community Leader certificate and a current criminal record check is the only requirement. We do strongly recommend the Community Sport-Ongoing Participation Pathway (CSOP) for all new coaches to the sport.

Coaching Requirement for Provincials

- Provincial Rosters must have a minimum of one (1) coach who is of the same gender as the category the team is registering in. (i.e.: Female teams must have a minimum of one female coach, male teams must have a minimum of one male coach).
- Teams registering in Provincial Championship categories that **DO NOT** lead to a Western or Canadian Championships (**U11 boys/girls, U13 B boys, U13 A & B girls, U15 B girls, U17 B girls, U19 B girls, men's and women's C**).
 - Must have a minimum of one (1) coach on the Provincial Roster who is **CSOP TRAINED** and on the bench at the championship.
- For MINOR teams registering in Provincial Championship categories that lead to a Western Canadian (**U13 A boys, U15 B boys, U15 BW girls, U17 B boys, U17 BW girls, U19 B boys and U19 BW girls**).
 - Must have a minimum of one (1) coach who is **Comp. Intro CERTIFIED** and on the bench at the championship.
- For ADULT teams registering in Provincial Championship categories that lead to a Western Canadian (**U23 B men's and women's, men's & women's, master men's & women's**)
 - Must have a minimum of one (1) coach who is **CSOP TRAINED** and on the bench at the championship.
- For ALL teams registering in Provincial Championship categories that lead to a Canadian Championship (**U15 A boys/girls, U17 A boys/girls, U19 A boys/girls, U23 A men's/women's, men's & women's**)
 - The **Head Coach** must be identified on the Provincial roster and must be **Comp. Intro CERTIFIED** and who is in attendance at all games.
 - Any **assistant coach** who wishes to be on-field and in the coaches, box must be **Comp. Intro TRAINED**.
- The required Trained or Certified coach must be in attendance and on the bench at all Provincial Championship games. Effect: Absent coach is fined \$100.00, and no base coaches will be allowed on the playing field. The required Trained or Certified coaches not attending Provincial Championships may be suspended. Teams requiring a certified coach for Provincial Championships and who do not have this person on the roster at the registration deadline will be fined \$100. No exceptions. Teams adding a certified coach after the roster registration deadline will still be fined \$100.

COMMUNITY SPORT- ONGOING PARTICIPATION PATHWAY
(Learn to Train/ Active for Life Stages)

ELEARNING

CAC WEBISTE- WWW.COACH.CA

Foundations of Coaching Softball- Part 1 (60 -
90 Minutes)
Make Ethical Decisions Online Evaluation (60
Minutes)

TOTAL: 60 - 120 MINS



ONLINE

Via Zoom

Module #1

Introduction

Participants & Their Sport Needs
Tasks of a Community Softball Coach
EAP
Rules
Basic Strategy

TOTAL: 3 HOURS



IN PERSON

Fundamentals:

Warm-Up, Receiving & Throwing,
Fielding Ground Balls & Fly Balls,
Hitting & Bunting, Baserunning & Sliding,
Pitching

Practice Planning

Coaching Session- Drills/ Positional Play

TOTAL: 1 DAY- 5 HOURS



TRAINED



COMPETITION- INTRODUCTION PATHWAY
(Learn to Train/ Train to Train Stages)

ELEARNING

CAC WEBISTE- WWW.COACH.CA

Foundations of Coaching Softball-Part 1 & 2 (60 - 90
Minutes Each)
Make Ethical Decisions Online Evaluation (60 Minutes)

TOTAL: 60 - 180 MINS



ONLINE

Via Zoom

Module #1

Intro, LTPD and Teaching & Learning

Module #2

Teams, Rules, Defensive/Offensive
Principles & Strategies

Module #3

Goal Setting, Team Selection, Analyzing the Game, &
Legal Delivery

TOTAL: 3 x 3 HOURS



IN PERSON

Fundamentals: Warm up, Throwing, Fielding, Hitting &
Bunting, Pitching, Baserunning & Sliding
Signals, Practice Planning
Positional Skills & Drills
Analyzing Performance
Catching- Micro Facilitation

TOTAL: 1 WEEKEND- 14 HOURS



TRAINED



Coach Portfolio
(Various Tasks)

On-Field Evaluation
(Practice)



CERTIFIED

